

Last updated March 2007

Dear Interested Reader,

I am a young adult with Asperger's Syndrome and a member of AANE, and I'd like your input for an informal research study. My struggles and frustrations as a patient in psychotherapy have led me to wonder what is going wrong for me and for others like me – and what people with Asperger's need from therapy that we might not be getting.

If you are an adult (19+) with Asperger's Syndrome, you can take part in this study whether or not you are in psychotherapy. The six-page, anonymous questionnaire will take you about 15- 20 minutes to complete and will help me answer my big questions regarding therapy for Asperger's adults: What do we need? What will help us? And how can we get it?

The AANE website provides a link to the survey questionnaire. Please download the survey, print it out and fill it in by hand. (You may also type up your answers; just number the questions, please.) Then, please place the completed survey in a stamped envelope (63¢ postage may be required) with NO RETURN ADDRESS, and mail it to:

AANE
85 Main Street, Suite 101
Watertown, MA 02472
Attn: Nomi Kaim

IMPORTANT: Please complete the entire questionnaire as best you can. It is fine to have a friend or relative help you. For purposes of anonymity, please DO NOT include your return address or write your name or any other identifying information anywhere on the survey or envelope – UNLESS you wish to have your survey identified by name.

Results of this study will be published in an upcoming AANE Newsletter and ultimately submitted to a professional journal. In the meantime, feel free to contact me or AANE with any questions or concerns.

THANK YOU! This is very exciting for me, and I know it is going to be a great help to me (and hopefully to you, too). I look forward to hearing whatever you have to say.

Sincerely, Nomi Kaim; nomikaim@msn.com