



Food Service News 11/03

Obesity on the Rise

For the first time in our nation's history, we have more people of unhealthy weight than healthy weight. Sixty one percent of Americans are overweight and twenty six percent of those are considered obese. Fourteen percent of children between the ages of 6 and 19 are overweight.

The results have been studied and the numbers increase. Now is our opportunity to help. If you observe students who are overweight and are consistently eating more than one meal, please call Susan Davis 695-8596 so she can work with the student and the family.

Breakfast Highlights

The Sanchez staff is serving oatmeal on Tuesdays and Thursdays. They are serving almost 50 percent of their students breakfast.

Rose Vail at the University of Hartford went to a PTO meeting to discuss the importance of breakfast which increased her breakfast count.

Breakfast News

Sonia Lopez and Elizabeth Rodriguez decorated their cafeteria and tray line with balloons to welcome back the students at Kennelly.

The Golden Muffin Award Winners in the 2002-03 school year are:

Clark, Burns, Barnard Brown, Mark Twain, Quirk and the Learning Corridor

Simpson Waverly staff had a Blue Ribbon Breakfast promotion to celebrate their Blue Ribbon school status.

Joan Sirois at Parkville brought plants in to decorate her cafeteria

Pat Robbins at Waverly is teaching nutrition classes to the special education students.

Haydee Deleon is teaching classes about vegetables to students at M.D. Fox.

Kujuana Jones at Webster, Annette Citro at Naylor and Rose Vail at the University of Hartford are competing for the most breakfast promotions to use the Dairy Council grant money for the pre packed schools. All pre packed schools are eligible for money for promotions.

Breakfast Increased in September in these schools

Hartford Public, the Learning Corridor, Fox Middle, Quirk Middle, Life Careers, Batchelder, Burns, Clark, Dwight, Fisher, M.D. Fox, Hooker, Kennelly, Parkville, Naylor, Milner, SAND, Sanchez, Twain, Webster, Wish, and the University of Hartford Magnet.

Congratulations to the Breakfast Staff. You are bringing the children in and getting them ready to learn!!