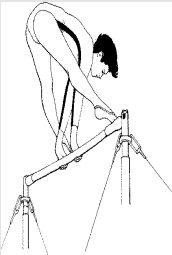


# PA Gymnastics



## Spring 2005



Inside:  
\*Upcoming Clinics  
\*Judges Cup 2006  
Information  
\*Clinic locations  
\*General Gymnastics Judging Info

## 41 Voice their opinions on State Residency Issue

*Of the almost 100 judges in the state, 41 judges responded to the NAWGJ survey. The results were as follows:*

*\*4 votes for 1. "I believe that non-resident judges should be placed in the state assignment list according to their current rating, the same as resident judges"*

*\*6 votes for 2. "I believe that non-resident judges should be moved to the bottom of the optional rotation list (level 8) if they are optionally rated or to the bottom of the compulsory list if only compulsory rated"*

*\*20 votes for 3. "I believe that non-resident judges should be allowed to judge in PA as needed, but should NOT be included in the PA rotation for state and regional meets"*

*\*11 votes for 4. "I believe that non-resident judges who are currently judging primarily in PA should be placed on our rotation list according to their rating and be assigned to state and regional meets." (Grandfathered in). However, non-resident judges who begin judging in PA in the future should NOT be included in rotation for state and regional meets.*

*A formal ballot will be distributed in the near future to make official the policy of the state of Pennsylvania/Delaware NAWGJ. Thanks for Jan Morrow who collected and published the results.*

# PA NAWGJ

### **Wanted: Newsletter and Website Editor**

Since 1998 I have been serving as a member of the Pennsylvania NAWGJ Board of Directors. I have put out many newsletters and had the website created and updated countless times (many thanks to my husband, Mike, who has been the website master). As I begin a new full time job, I feel it is time to make some changes in my life. I am stepping down from each of the three boards that I currently serve on. I will continue to be an avid supporter of the organization and keep my finger in the sport as a judge and choreographer. Thanks to all who have contributed to these efforts over the years. Please see page 6 for more election information.

*Julie Swarts*



## ***Another Gymnastics Discipline in need of qualified Judges!***

*by Lynn Moskovitz*

***TeamGymn, a competitive form of Group Gymnastics (GG), is an ideal activity for class students, recreation gymnasts, gymnasts in school programs and former competitive gymnasts who desire to continue participation in gymnastics, but want a change from traditional apparatus and scoring.***

***The primary difference between TeamGymn and artistic gymnastics competitions is that the gymnasts compete together as a squad. These squads may consist of all girls, all boys or a mixed squad of girls and boys together. In addition, the competition moves quickly from one event to another - six teams can complete their events in less than one hour!***

This activity has existed in various forms and has been popular in Scandinavia and Europe for many years. Since the formation of the European Gymnastics Union (UEG) a form of this activity (called EuroTeam) is part of the European Championships. After the British Gymnastics Association introduced TeamGymn, their membership more than doubled.

***In a TeamGymn competition, each squad competes in two events - Group Jump and Group Floor Exercise.***

***During Group Jump, each squad does two tumbling passes, two vaults, and two mini-tramp or board jumps. At each station, all of the squad members perform the same skills one after the other. During Group Floor Exercise, ALL the gymnasts in the squad perform a group floor routine to music.***

The judges look for technique, synchronization, general execution, and “streaming” (how close the athletes can perform one after the other). Difficulty is predetermined. Music is used in the background to lend excitement to the event. The Group Jump event generally takes about 2.5 minutes for the squad to complete.

During the **Group Floor Exercise** event, each squad performs a pre-choreographed group floor exercise to music that must show changes in pattern, balance elements, leaps and jumps, turns, gymnastics and acrobatic elements, etc. As with the Jump event, the judges look for technique, synchronization, and general execution as well as amplitude, presentation, musicality, etc. The floor routine lasts 2-2.5 minutes.

At present, TeamGymn has four skill levels. Level A utilizes basic elements such as rolls, jumps, cartwheels, and round offs. Gymnasts in Level B are permitted to perform springing skills such as flic flacs, handsprings and flysprings, and a single somersault. At Level C and D, the gymnasts are permitted to perform passes with multiple somersaults and/or twisting somersaults. It is important to note that in TeamGymn ALL the performers on the squad must perform the same skills! – This is a great limiter on the difficulty level selected by the group.

***The area is slowing growing with the number of teamgymn programs therefore needing additional judges. The judging test is online if you are interested.***

***Team Gymn Rules:***

<http://www.usa-gymnastics.org/gg/2005/tg-2005regulations.htm>

***Team Gymn Exam: (only \$10 to get certified)***

<http://www.usa-gymnastics.org/gg/exam/teamgymn1.htm>

***Team Gymn Code of Points:***

<http://www.usa-gymnastics.org/gg/code/etg-code04.html>

***Current Team Gymn Judging lists:***

<http://www.usa-gymnastics.org/gg/2005/tg-judgelist05.html>

***Judging fees aren't as developed as on the women's side but they have promise:***

1. Session Fees - (per session)
  - a) Local (in-house) \$30
  - b) Invitational \$40
  - c) State \$50
  - d) Regional or National \$60
2. Meal Expenses (per diem)
  - a) Meet host may choose to provide all (or some) of the meals or pay per diem.
  - b) per diem - Each day out-of-town, judge receives \$25 if no meals are provided. For travel days, judge receives \$15.
3. Travel Expenses
  - a) USAG mileage is \$0.40 per mile (an accurate record of odometer readings is required and/or MapQuest mileage is acceptable).
  - b) If the judge "shares a ride" the amount reimbursed will be proportional.
4. Accommodations
  - a) Meet host will assist with accommodations as necessary.
  - b) If judge "shares" a room, he/she is reimbursed proportionally.

***On March 20, 2005 there was a team gymn competition in Pottstown, PA with over 200 group gymnasts from the region competing at the Dave Moskovitz Group Gymnastics Celebration. If you would like more information about this opportunity, contact Lynn Moskovitz at***

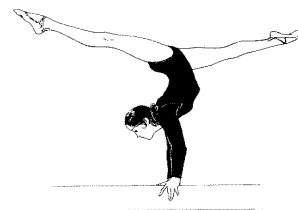
***lmoskow@ptdprolog.net.***



# Upcoming Clinics

## 2005

State Clinic for Professional Members-June 25-26-Parkettes, \$100  
State Clinic for Professional Members and Gymnasts-July 23-24 (one east, one central, one west)  
Regional Clinic, Rhode Island July 8-10  
Safety Certification Clinic, Woodward Gymnastics Camp June 18th  
National Compulsory Workshops-June 3-5 - Louisville, KY and June 10-12 - Reno, NV  
National NAWGJ Symposium will be in Portland, OR July 14-17, 2005  
    Doubletree hotel (shuttle will be available from the airport)  
    Estimate cost will be \$150 by March and \$175 by June, 2005.  
National Congress-Indianapolis, August 10-13  
National Course-Indianapolis  
    1st course (those officials who currently hold a national rating)  
    August 14-17 written test only  
    2nd course for newly eligible invited Level 10s  
    August 18-21 written and practice exam



### Thank you to donors to the Barb Knothe Memorial Scholarship

\*Mark Welch    \*Audrey Schweyer    \*Kristina Olson-Berryman  
\*Christine Erickson    \*Marilyn Schnaars  
\*Cheryl Hamilton    \*Terry McGirk

Those who would still like to contribute may be sending a check to the Barb Knothe Memorial fund. Please send the check to Terry McGirk, 2410 East Kings Highway, Coatesville, PA 19320.

A special thank you to KMC Gymnastics who sponsored the Barb Knothe Invitational Meet raised \$1500 for the Scholarship Fund!

#1



Portable DVD Raffle!  
The Top Judge Seller was Kristina Olson-Berryman!  
She is the winner of the \$100 educational voucher  
Thanks to all who sold tickets in this supportive effort.

\*\*\*\*\*

## Barb Knothe Scholarship Winner Announced

Two scholarships were given this year. Each winner received \$600 in scholastic support. One recipient of the 2005 Barb Knothe Scholarship is Jill Mazur from Gym Dandys gymnastics club. Over her gymnastics career she grew from a frail and weak athlete to a strong and competent level 9 gymnast. Despite numerous injuries and set backs, she persevered and maintained a positive attitude. Her coach Karen Clark stated "She may not be at the same level of gymnastics of some of the other scholarship applicants, but she has every bit as much heart and drive." Jill's college choice is still undecided but we look forward to hearing about her future successes in life.

The other recipient was Pittsburg Northstar Gymnast, Liz Meals. She is a level 10 athlete who demonstrates a quiet leadership on the team. On top of her tough training schedule and high academic workload, Liz spent numerous hours in the gym helping out with birthday parties and with summer youth groups. Liz will be competing for the University of Denver on an academic scholarship.  
Congratulations to this year's winners!



# *Congratulations to Hanover YMCA!!*

*Hanover will be hosting the 2006 YMCA  
National Championships.*

*Lynn Ross has signed on as Meet Director.*



## *Important Web Addresses*

Pennsylvania NAWGJ

[www.panawgj.org](http://www.panawgj.org)

National NAWGJ

[www.nawgj.org](http://www.nawgj.org)

USA Gymnastics

[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

To contact Bonnie Synol, RJD email

[basynol@yahoo.com](mailto:basynol@yahoo.com)

**Please Note: If your email address is not correct in USAG**

**State Handbook contact:**

**Barb Cutillo ([pagymjudge@aol.com](mailto:pagymjudge@aol.com))**

**Donna Guenther ([Somerton1@aol.com](mailto:Somerton1@aol.com))**

**Terry McGirk ([tmcgirk@aol.com](mailto:tmcgirk@aol.com))**

**Julie Swarts ([jswarts@psu.edu](mailto:jswarts@psu.edu))**



## **Judges Cup 2006**



When-December 16-18, 2006

Where-Paramount Gymnastics in Annville, Pa.

What's this new gym like?-They have a beautiful facility.

What's to do?-This is not too far from Hershey Park and the Lancaster Outlets as well as Hershey Outlets.

Hershey Park is opened at this time of the year. Entrance to the park is free and you can pay as you ride.

The park is decorated for the holidays. Chocolate World is also open and is always free.

So save the date!!!!



# Have you ever considered running for office? Want to help further judges education?

## Here's your chance!

It is an election year for Pa. State board elections. Listed below are requirements and duties of state Governing board members as well as the positions. Please email or write Barb Cutillo with the position you are interested in running for no later than June 1, 2005.

The following positions are up for election: Treasurer, Secretary, Newsletter, Western Assigner, Member-at-Large

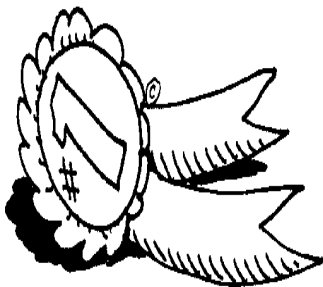
Eligibility requirements to run for a State Board Election:

- A. All National, Regional, State and At -Large Directors and Officers shall be 21 years of age.
- B. All State Governing Board Members shall be certified judges for a minimum of one year (12 months).
- C. A candidate must be in good standing under the canons and disciplinary rules of the NAWGJ Code of Professional Responsibility.

Duties of the State Governing Board Member:

- \* Be responsible to the state Judging Director.
- \* Be present at all governing board meetings, discuss and vote on all pertinent issues.
- \* Fulfill the specific duties as outlined by the state Judging director for the Board position held.
- \* Approve the budget for Judges' cup or other special events.
- \* Consult with SJD about expenditures of more than \$200 for depreciable items and \$100 for non-NAWGJ activities or expenditures for gifts or donations.
- \* Expenditures incurred by a State Governing Board member must be approved in writing by the SJD.
- \* Enforce the adherence to high ethical standards in judging.
- \* Failure to attend two consecutive State Governing board Meetings shall constitute an automatic suspension. A proxy will not fulfill the attendance requirement. A proxy may be sent and must be approved by the State Judging Director.
- \* Failure to comply with the responsibilities of this office could result in removal from office after review by the State Governing Board.

\*\*\*\*\*



*KMC Fall Frenzy 04*  
*Back Row: Kathy Vicario,*  
*Carole Miscion,*  
*Jane Caruso, Julie Swarts,*  
*Terry McGirk*  
*Front Row: Tia Tedder,*  
*Patty Walters,*  
*Marilyn Schnaars*

