

PA1000K June 26, 2009

Time Limit 75:00 hours

Tom's Cell phone: (610) 417-7161

Jim Logan's Cell phone

Ron Anderson's Cell phone

L=Left, R=Right, T=T Intersection, B=Bear, X=Cross

TRO=To remain on, ***=Easy to miss

SS=Stop Sign, TFL=Traffic Light, b/c=Becomes, Q=Quick

PA1000K_C (RUSA# 651) 6/17/09 Draft 3A Sayre Post Office
controle, corrections, services, formatting

Controle 1 Weisel Hostel (215) 536-8749				
7347 Richlandtown Rd, Quakertown, PA				
start: 06/26 04:00				
Cum	Leg	Seg	Turn	Description
0.0	0.0	0.0	Start	Controle Hostel - Leave driveway turning right onto Richlandtown
2.0	2.0	2.0	X	Thatcher Rd (SS) Now on Union Rd
3.5	3.5	1.5	R	Rt 212 / Main St (SS)
3.6	3.6	0.1	QBL	TRO Main St (at church - leaving Rt 212)
6.8	6.8	3.2	X	State Rd (now on Richlandtown Pk)
7.1	7.1	0.3	***1st L	Passer Rd
10.2	10.2	3.1	R	Rt 309 (TFL) [Coopersburg]
10.7	10.7	0.5	1st B R	Rt 378 (TFL)
16.4	16.4	5.7	R	Rt 412 / Broadway Ave (TFL)
16.6	16.6	0.2	R	4th St (TFL)
16.8	16.8	0.2	L	New St (TFL) Caution RR ahead
17.2	17.2	0.3	X	New St Bridge
17.3	17.3	0.1	1st R	Center St
20.0	20.0	2.7	L	Maacada Rd (TFL) Caution RR at bottom of descent
21.1	21.1	1.1	R	Jacksonville Rd (TFL)
21.6	21.6	0.5	L	Stoke Park Rd (TFL)
22.8	22.8	1.1	R	Schoenersville Rd (TFL)
23.4	23.4	0.6	X	Rt 987 (TFL) b/c Weaversville Rd ahead

Breakfast buffet
1-hr before start

MiniMarts,
Dunkin Donuts

26.9	26.9	3.5	X	Rt 329 (TFL) b/c Howertown Rd
29.1	29.1	2.2	X	Kreidersville Rd (SS) b/c Indian Trail Rd
31.7	31.7	2.6	T R	Rt 248 / Lehigh Dr
32.1	32.1	0.3	Stop	Controle Gulf Market (on right at TFL)

MiniMart

Controle 2 Gulf Market (Mels) (610) 502-1034
3751 Lehigh Dr, Northampton, PA
open: 06/26 05:32 close: 06/26 07:28

32.1	0.0	0.0	Turn	Leave controle turning left onto Walnut Dr / Rt 4003
32.9	0.8	0.8	B L	TRO Walnut Dr (at Murphy Rd)
34.4	2.4	1.6	B L	TRO Walnut Dr (at Dogwood Rd)
35.0	3.0	0.6	T R	TRO Walnut Rd (Elm Rd goes left)
36.0	4.0	1.0	T L	Rt 946 / Mountain View Rd
36.3	4.3	0.3	R	Blue Mountain Dr (TFL)
37.9	5.8	1.5	X	Appalachian Trail (at top of climb) Caution on descent
39.7	7.7	1.9	1st R	Lower Smith Gap Rd (bottom of descent)
43.8	11.7	4.0	B R	TRO Lower Smith Gap Rd (at Schaffer Rd)
48.3	16.2	4.5	Pass	Do not enter sign (on left) now on Upper Smith Gap Rd
49.0	17.0	0.8	***L	TRO Upper Smith Gap Rd (3-way intersection)
51.5	19.4	2.4	X	Rt 3015 / Mt Eaton Rd (SS) now on Faulstick Rd
53.1	21.0	1.6	T R	(unmarked) (SS) Rt 115 / Hamilton South (store off-course 1mi. left)
53.7	21.6	0.6	L	L Cherry Valley Rd / Rt 2002 (look for Winery sign)
56.2	24.2	2.6	Pass	Cherry Valley Apiaries
58.9	26.9	2.7	B R	Poplar Vly Rd
61.5	29.5	2.6	T R	Rt 191 (SS) (Begin long climb to Fox Gap)
62.9	30.9	1.4	X	Appalachian Trail (at top of climb)
63.2	31.1	0.3	1st L	Fox Gap Rd
63.7	31.6	0.5	1st L	Quaker Plain Rd
64.2	32.1	0.5	B L	TRO Quaker Plain Rd (SS)
65.0	32.9	0.8	B R	Blue Mountain Dr (SS)

Limited services ahead

Wind Gap vista off to your right
 Minimart (1-mi. off course)

65.4	33.4	0.5	T L	Lake Minsi Dr	Restaurant
65.9	33.9	0.5	1st L	(unmarked) E Shore Dr (Look for East Entrance sign)	
66.9	34.8	0.9	R	Totts Gap Rd (SS)	
67.2	35.2	0.3	1st L	Ramblewood Dr	
68.3	36.2	1.1	T R	Million Dollar Hwy (SS)	
69.5	37.4	1.2	B L	TRO Million Dollar Hwy b/c Jacoby Creek Rd (RR tracks on right)	
70.2	38.2	0.7	L	Middle Village Rd (SS)	
70.3	38.2	0.0	T R	(unmarked) Boulder Dr / Creek Rd	
70.7	38.6	0.4	T L	State St	
71.0	39.0	0.3	T L	Rt 611 (TFL) [Portland]	
71.3	39.2	0.3	Special	Cross Delaware River pedestrian bridge (near mini mart on right)	
71.5	39.4	0.2	1st R	Washington St (at end of pedestrian bridge)	
71.9	39.8	0.4	Straight	Merge with Rt 46 (Washington St ends)	
72.3	40.2	0.4	L	Walnut Rd (Caution bad sewer grates extend into roadway)	Gas station
73.4	41.3	1.1	TR + QL	(unmarked) Linaberry (SS) (Keep Columbia sign on your right)	
75.4	43.4	2.0	T L	Knowlton Rd (SS)	Deli
76.9	44.8	1.5	T L	Rt 616 / Mount Hermon Rd	
77.7	45.6	0.8	B R	Rt 616 / Cedar Lake Rd (follow Cedar Lake sign) NOT Hoagland Rd	
81.6	49.5	3.9	T L	Rt 94 (unmarked) (follow Columbia sign)	
81.8	49.8	0.3	R	Carhart St [Blairstown]	
81.9	49.9	0.1	T L	Main St (unmarked)	
82.0	49.9	0.1	Stop	Controle Gourmet Gallery on left	
Controle 3 Gourmet Gallery (908) 362-0051					
31 Main St, Blairstown, NJ					
open: 06/26 07:53 close: 06/26 12:48					
82.0	0.0	0.0	Backtrack	Leave controle turning right on Main St (El. 360 ft.)	Limited services ahead
82.2	0.1	0.1	1st B L	Blair Pl (unmarked) (uphill at Remax)	
82.3	0.2	0.1	1st L	Millbrook Rd (follow National Recreation sign)	

84.2	2.1	1.9	Pass	Spring Valley Rd TRO Millbrook Rd / Rt 602 (towards yonder hills)
88.3	6.3	4.2	X	Top of Millbrook climb (El.1280 ft) (CAUTION on steep twisty descent)
89.4	7.4	1.1	1st R	Old Mine Rd (unmarked) [Millbrook Village] follow Walpack
91.5	9.5	2.1	T R / CAUTION !!	NPS 615 (unmarked) bottom of Rough steep descent (follow Walpack)
101.2	19.2	9.7	B R	Rt 615 [Peters Valley] (towards red trim house)
101.9	19.9	0.7	B L	Rt 640
103.2	21.2	1.3	L	Rt 560 (to Dingmans Bridge) [Layton] (good store)
106.0	23.9	2.7	X	Dingmans Ferry Bridge (ride bike) Caution rough bridge on descent
106.7	24.7	0.7	R	Rt 209 (TFL)
111.6	29.6	4.9	L	Raymondskill Falls
113.3	31.2	1.7	X	Rt 2001 / Milford Rd TRO Raymondskill Falls (SS)
113.5	31.5	0.2	1st R	Kiesel Rd
114.6	32.6	1.1	T L	Sawkill Rd
117.4	35.4	2.8	T L	Rt 6
117.9	35.9	0.5	1st R	Twin Lakes Rd
120.4	38.4	2.5	B L	TRO Twin Lakes Rd (at Woodtown Rd)
125.8	43.8	5.4	T R	TRO Twin Lakes Rd (Knealing Rd goes left)
127.1	45.1	1.3	T R	Rt 434
127.9	45.9	0.8	L	Rt 97 [Barryville NY]
128.0	46.0	0.1	Stop	Controle River Market (on left)
Controle 4 River Market (845) 557-3663				
3385 Rt 97, Barryville, NY				
open: 06/26 10:04 close: 06/26 17:44				
128.0	0.0	0.0	Continue	Leave controle turning left onto Rt 97 (same direction)
132.0	4.0	4.0	L	Rt 168 (unmarked) ride bike across Roebling bridge
132.2	4.2	0.2	T R	Lackawaxen Scenic Dr (unmarked) follow Zane Grey
132.8	4.8	0.6	T R	Rt 590 W

Restroom

Restaurant

Restroom in park on left, vending

Store off-course 0.5 mi. left

General store

Restaurant ahead on right

136.4	8.4	3.6	Straight	Towpath Rd / Rt 4006 (SS) (leaving Rt 590)	Restaurant
144.5	16.5	8.1	***Sharp L	Martin / Kimbles Rd (Hendricks on right) Follow Bike Y sign	
147.7	19.7	3.2	T R	Rt 6	Minimarts, restaurants ahead
149.2	21.2	1.5	B R	TRO Rt 6 (TFL at Rt 507) (Lake Wallenpaupack)	
150.6	22.6	1.4	L	Rt 590 West (TFL)	
151.5	23.4	0.9	R	Owego Tpke	
156.2	28.1	4.7	L	Rt 3042	
157.1	29.1	1.0	L	Rt 191/ Lake Ariel Hwy (SS)	
157.8	29.8	0.6	***R	Middle Creek Rd / Rt 3024 (on slight downhill)	Minimart
160.0	32.0	2.3	Pass	Old Gravity Rd (now on Tannery Rd / Rt 3024)	
164.3	36.3	4.3	T R	Rt 296 / Gravity Rd (SS)	
164.7	36.7	0.3	T R	TRO Rt 296 North (SS)	
166.5	38.5	1.8	L	Cortez Rd (Saint Tikhons on right)	
166.9	38.8	0.4	1st R	Lake Quinn Rd / Rt 3020	
168.5	40.5	1.6	B L	Rt 3022 / Jubinske / Salem Rd (Rt 3020 ends at bend)	
171.1	43.1	2.6	Pass	Highest point on route (El. 2159') Caution on steep twisty descent	
173.3	45.3	2.2	Pass	Cabondale city limit (now on Wayne St) Steep descent ahead	
174.1	46.1	0.8	L	7th Ave	
174.5	46.5	0.4	Stop	Controle Dunkin' Donuts (TFL) at 7th Ave / Main St junction	Restaurants, minimarts off course to the right on Main St.
Controle 5 Dunkin Donuts (570) 282-3364 40 S. Main St., Carbondale, PA open: 06/26 12:25 close: 06/26 22:44					
174.5	0.0	0.0	Continue	Leave controle turning right on 7th Ave (same direction)	
174.5	0.0	0.0	1st R	River St (SS)	
174.8	0.3	0.3	Straight	Joining Rt 106 (SS) Caution: fast traffic on right does not stop	
175.0	0.5	0.3	R	Dundaff St / Rt 1007 (just after RR tracks)	

177.9	3.4	2.9	B L	TRO Rt 1007 / Dundaff St (at Rt 1011)
179.9	5.4	1.9	Straight	Joining Rt 247 South
181.3	6.8	1.4	Straight	Joining Rt 2014 (TFL) [Dundaff]
183.0	8.6	1.8	X	Rt 2012 CAUTION several steep twisty descents ahead
185.5	11.0	2.5	R	Rt 106 (SS)
189.3	14.8	3.7	X	Rt 81 TRO Rt 106
189.5	15.0	0.2	R	Rt 92 (TFL) HEADS UP: Next turn follows immediately
189.5	15.0	0.0	***Q L	Rt 2063 / Creek Rd (look for Hartford 5 sign)
194.6	20.1	5.1	B R	Joining Rt 547 North [Hartford]
194.8	20.3	0.2	Straight	Rt 2063 / Fair Hill Rd (leaving Rt 547 which goes right)
199.3	24.8	4.4	Straight	Joining Rt 848 West (Caution: rough road/ BIG potholes ahead)
201.5	27.0	2.2	T R	Rt 11 (SS) [New Milford]
202.4	28.0	0.9	Pass	New Milford city limit
203.3	28.8	0.8	***1st L	Rt 1018 / Old Rt 11 (Look for "To 81" sign on right)
207.3	32.8	4.0	B L	Joining Main St / Rt 11 (SS) [Hallstead]
208.0	33.6	0.7	X	Susquehanna River bridge TRO Rt 11 [Hallstead]
208.3	33.8	0.3	Stop	Controle Colonial Brick Inn on left at TFL near I-81 junction
Controle 6 Colonial Brick Inn & Suites (570) 879-2162 Rt 11 & I-81 at Exit 230, Hallstead, PA open: 06/26 14:06 close: 06/27 02:20				

General store
(7PM)

General store
(8PM)

MiniMarts,
Restaurants (24-
hr)

Food in staffed
hotel room,
Minimarts,
McDonalds,
Restaurants

208.3	0.0	0.0	Continue	Leave controle turning left on Rt 11 North at TFL
210.6	2.3	2.3	X	NY border TRO Rt 11 (Joining Bike 11 route)
223.0	14.7	12.4	Pass	Exchange St TRO Rt 11 / Court St. (Possible 1 block detour ahead)
223.4	15.1	0.4	Straight	Rt 17C / Main St (TFL) (leaving Rt 11) [Binghamton]
229.7	21.3	6.2	B L	TRO Rt 17C at North St [Endwell]
231.7	23.4	2.1	Pass	Rt 26 TRO Rt 17C
244.9	36.5	13.1	R	TRO Rt 17C / Court St (TFL) [Owego]
245.0	36.6	0.1	T L	TRO Rt 17C
246.2	37.9	1.3	B L	TRO Rt17C (Rt 43 goes right)
263.7	55.3	17.4	L	Cayuta Ave (TFL) [Wavery] Look for sign to Sayre
264.4	56.0	0.7	X	Rt 17 now on Rt 199 / Spring St (Joining Bike J) [Sayre PA]
265.0	56.7	0.7	L	Lehigh St (look for Sunoco on right)
265.8	57.4	0.7	Straight	Joining Desmond St (passing through small town)
265.9	57.6	0.2	Stop	Controle U.S. Post Office (mail post card)
Controle 7 US Post Office (570) 888-6608 240 Desmond St, Sayre, PA open/close: Not Timed				
265.9	0.0	0.0	Backtrack	Leave controle on Desmond St - reversing direction
266.0	0.0	0.0	1st R	Packer Ave
266.1	0.2	0.2	TL + QBL	(unmarked) Thomas Ave (at end of RR track overpass)
266.3	0.3	0.1	1st R	E Lockhart St (SS)

Note: next controle 7 is un-timed postcard drop; Departure Time/MPH for controle 8:
2:30: 9.6 MPH
3:30: 10.6 MPH
4:30: 11.9 MPH
5:30: 13.5 MPH

Minimarts,
Restaurants

Hotel, MiniMarts,
Restaurants,
Fast Food,
Coffee Shops

Diner

Hotel, MiniMarts

266.5	0.6	0.2	X	Susquehanna River bridge
266.6	0.6	0.1	T R	Riverside Dr / Rt 1043
268.2	2.3	1.6	X	Rt 1056 TRO Rt 1043 / Sheshequin Rd (SS) (Bike J route)
281.3	15.3	13.1	T R	Rt 1041 James St (cross bridge)
282.0	16.1	0.7	T L	Rt 6 / York Ave [Towanda]
283.8	17.8	1.8	Straight	Joining Rt 2027 / Main St (TFL) (leaving Rt 6)
285.5	19.6	1.7	T L	Rt 220
287.3	21.4	1.8	R	Rt 414
292.5	26.6	5.2	***L	Rt 3008 / Southside Rd [Franklindale] (Bike J detour may hide sign)
305.9	40.0	13.4	Pass	Birch Flats Rd (on left) TRO Southside Rd / Rt 3008
308.8	42.9	2.9	R	Rt 154 / Minnequa Ave (SS)
309.2	43.3	0.4	Stop	Controle Exxon Acorn (SS jct Rt 414 / Main St) [Canton]
Controle 8 Acorn Market (570) 673-8404				
44 Main St, Canton, PA				
open: 06/26 19:22 close: 06/27 13:08				
309.2	0.0	0.0	Turn	Leave controle turning left on Main St / Rt 414
309.4	0.1	0.1	T L	TRO Rt 414 West (TFL)
310.9	1.7	1.5	R	TRO Rt 414 (Rt 14 continues straight)
314.2	4.9	3.3	B L	TRO Rt 414 (at Gleason Rd) [Gleason]
317.2	7.9	3.0	X	Ogdensburg Rd TRO Rt 414 CAUTION steep twisty descents ahead
324.9	15.7	7.8	B L	TRO Rt 414 at Old Mill Rd
325.3	16.1	0.4	T L	TRO Rt 414
325.7	16.5	0.4	Straight	Blockhouse Rd [Liberty] (leaving Rt 414) (stores to left)
331.1	21.9	5.4	Pass	Rt 15 junction (now on Rt 284)

Hotel, MiniMarts,
Restaurants,
Fast Food,
Coffee Shops

JJ's Deli

Limited services
ahead

Minimart

Limited services
ahead

Bar (water, ice)

1 block off
course to the left;
Blockhouse Café
(7:30AM - 2PM);
Bob's Market
(8AM - 6PM)

339.4	30.2	8.3	T L	Rt 287 [English Center]
340.5	31.3	1.1	1st R	Rt 4001 / Little Pine Creek Rd (follow Little Pine Creek State Park)
341.0	31.7	0.5	1st L	TRO Rt 4001 (across metal bridge) follow Little Pine Creek State Park
352.1	42.9	11.2	T R	Rt 44 [Waterville]
353.8	44.6	1.6	B L	TRO Rt 44 (Rt 414 goes right)
359.0	49.7	5.2	T L	Rt 664 [Haneyville] CAUTION: Steep descent with hairpin turns ahead
376.6	67.4	17.7	L	TRO Rt 664 (SS) [Lock Haven]
376.8	67.6	0.2	R	Rt 120 / Water St (just past Susquehanna river bridge)
377.9	68.6	1.1	B R	TRO Rt 120 / Susquehanna Ave
378.3	69.0	0.4	L	Hill St / Lusk Run Rd / Rt 2020 (Look for gas station on left)
381.8	72.5	3.5	T L	Rt 150 (TFL)
382.0	72.8	0.3	1st B R	Beech Creek Ave
382.7	73.4	0.6	T R	Rt 64 [Mill Hall]
382.9	73.7	0.2	X	RR Tracks (Caution) (Bar & Grill on left)
384.9	75.6	2.0	R	Jacksonvill Rd / Rt 2018
387.6	78.4	2.7	B L	Peach Orchard Rd
388.4	79.2	0.8	T R	Rt 64
389.3	80.0	0.9	Stop	Controle Pilot Travel Center (on left)
Controle 9 Pilot 24-hr Travel Center (570)-726-4638				
5868 Nittany Valley Dr, Lamar, PA				
open: 06/26 23:44 close: 06/27 22:17				
389.3	0.0	0.0	Backtrack	Leave controle right on Rt 64 north (reverse direction)
391.1	1.8	1.8	R	Heltman Rd (orange pipe)
392.5	3.2	1.4	L	Fishing Creek Rd / Rt 2004 (just before small bridge)
393.6	4.3	1.1	2nd R	S. Mallard St (old cemetary)
393.8	4.5	0.2	T R	Fairground Rd / Rt 2008
394.9	5.6	1.1	X	Rt 220 (SS)
396.6	7.3	1.7	R	Rt 477 / Long Run Rd (SS)

hairpins
Creekside
Tavern (12PM - 12AM)

Restaurant near
mile marker 70
(~10 miles)

Restaurant

Restaurant,
limited services
ahead

Gas station

Stores 0.5 mile
ahead off course
on Rt 150

Restaurant

Minimart,
restaurants,
hotels

404.9	15.6	8.4	X	Rt 880 TRO Rt 477 [Loganton]
406.4	17.0	1.4	R	TRO Rt 447 / Winter Rd
407.4	18.1	1.1	1st L	TRO Rt 477 / Bull Run Rd
411.0	21.7	3.6	T L	Rt 192
434.1	44.8	23.1	X	Rt 15 (TFL) (now on Buffalo Rd) [Lewisburg]
434.3	45.0	0.2	B L	St Anthony St (SS) (NOT hard left onto 4th)
434.4	45.1	0.1	X	3rd St TRO St Anthony (SS) b/c River Rd ahead at bend
435.5	46.2	1.1	X	Rt 15 (TFL) now on Hospital Dr
435.6	46.3	0.2	1st R	Walter Dr
435.7	46.4	0.1	STOP	Controle 10 Country Inn & Suites on left
Controle 10 Country Inn (570) 523-6600 134 Walter Dr, Lewisburg, PA open: 06/27 02:24 close: 06/28 04:50				
435.8	0.0	0.0	Backtrack	Leave controle turning right on Walter Dr
435.8	0.1	0.1	1st L	(unmarked) Hospital Dr (SS)
436.0	0.3	0.2	X	Rt 15 (TFL) now on River Rd
436.9	1.1	0.9	1st L	N Water St
437.1	1.4	0.2	L	Market St / Rt 45
437.4	1.7	0.3	1st R	Rt 405 (across Susquehanna River)
440.1	4.4	2.7	T R	Rt 147 (SS)
444.9	9.1	4.7	T L	TRO Rt 147 (TFL) [Northumberland]
445.0	9.2	0.2	R	TRO Rt 147 (TFL)
445.8	10.1	0.8	B R	TRO Rt 147 (just after bridges)
448.2	12.5	2.4	T R	TRO Rt 147 [Sunbury]
461.8	26.0	13.6	Straight	Joining Rt 225 north (leaving Rt 147)
464.1	28.4	2.3	R	Rt 3003 Hooflander Rd

Minimart Jct 447 / 80

Minimart in Buffalo

Food in staffed hotel room, Minimarts, Restaurants

Departure Time/MPH for controle 11:
5:00: 7.2 MPH
6:00: 8.0 MPH
7:00: 9.0 MPH
8:00: 10.3 MPH

Minimart

Minimart Limited services ahead

465.4	29.6	1.3	B L	Rt 3003 / 3016 (unmarked) (Schoolhouse Rd goes right)	
470.3	34.5	4.9	T L	Rt 3018	
472.1	36.3	1.8	L	Fearnot Rd / Rt 1024 (SS) [Erdman]	
477.3	41.6	5.2	T L	Rt 25 (SS)	Restaurant
478.0	42.3	0.7	B R	Rt 4013 / Schwenks Rd (Look for Good Springs 6 sign)	
479.9	44.1	1.9	T R	Gap St / Rt 4011	
483.2	47.4	3.3	X	RR Tracks (Caution)	
483.9	48.2	0.7	R	Main St (Rt 125 goes straight) (SS) [Good Springs]	
484.6	48.8	0.6	X	RR Tracks (Caution: Bad angle)	
486.1	50.4	1.6	X	Rt 209	Restaurants
486.2	50.4	0.1	Q BR	TRO Main St (b/c Molleystown Rd) Caution steep descents	
487.5	51.8	1.4	L	TRO Molleystown Rd (Lincoln Rd goes right)	
490.3	54.6	2.8	T R	Rt 125	
491.6	55.9	1.3	R	Schulz Rd (Look for Pine Grove Yamaha on right)	
492.5	56.7	0.8	2nd R	Keefer Rd (unmarked) (backtrack 1 turn if you reach Rt 125)	
494.1	58.3	1.6	T R	Oak Grove Rd	
494.2	58.5	0.2	1st L	2 1/2 Mile Rd	
495.4	59.6	1.2	T R	Suedberg Rd / Rt 443	Hotel, MiniMarts, Restaurants, Fast Food
504.0	68.2	8.6	B L	Rt 72 [Swatara Gap]	
507.6	71.8	3.6	STOP	Controle Hess Mini Mart (on left at Rt 72 / Lickdale Rd jct)	Minimart
Controle 11 Hess Mini Mart (717) 865-2142					
1 Lickdale Rd, Jonestown, PA					
open: 06/27 06:33 close: 06/28 14:59					
507.6	0.0	0.0	Continue + QL	Exit parking lot left on Rt 72 then IMMEDIATE LEFT on Lickdale Rd at TFL	
508.0	0.4	0.4	Pass	Darkes Rd (on left) TRO Lickdale Rd	
512.1	4.5	4.2	Straight	b/c Main St [Fredericksburg]	Restaurants
512.7	5.1	0.6	X	Rt 22 East (now on Fredericksburg Rd)	
512.9	5.3	0.2	B R	TRO Fredericksburg Rd (Chestnut Hill goes left)	

514.0	6.4	1.1	T L	Shirksville Rd
514.2	6.6	0.2	1st R	Union Rd
514.6	7.0	0.4	1st L	Grieble Rd
516.6	9.0	2.0	BR + QBL	TRO Greble Rd (at Farmers Rd and Long Rd)
520.0	12.3	3.3	T L	Woleber Rd
520.3	12.7	0.4	X	Lancaster Ave [Mt Aetna] now on Market St b/c Stouchburg Rd
522.6	15.0	2.3	B L	TRO Stouchsburg Rd (Kreider Rd on right)
522.9	15.3	0.3	R	Wintersville Rd (SS)
523.5	15.9	0.5	X	Rt 422 (TFL) now on Millardsville Rd
525.3	17.6	1.8	Straight	Entering Richland (now on Chestnut / Main St)
525.4	17.8	0.2	X	RR Tracks Caution: Bad angle
525.9	18.3	0.5	T R	Linden St (mini mart on left)
526.1	18.5	0.2	L	Popular St (1st SS)
526.3	18.7	0.2	1st B L	Millbach Rd
527.8	20.2	1.5	T L	Rt 419
527.9	20.2	0.1	Q R	S Millbach Rd (unmarked)
530.3	22.7	2.4	T R	Rt 897 [Kleinfeltersville]
530.4	22.8	0.1	Q L	Hopeland Rd / Kleinfeltersville Rd / Rt 1035
535.7	28.0	5.3	R	Rt 1026 / Hopeland Rd (SS)
536.2	28.6	0.5	***1st L	Clay Rd (unmarked) (SS) Turn hidden on downhill [Hopeland]
537.3	29.7	1.1	TL + QR	TRO Clay Rd (crossing Rt 322)
538.2	30.6	0.9	L	TRO Clay Rd (Brunnerville Rd goes straight)
538.5	30.9	0.3	1st L	Middle Creek Rd (Hammer Creek Rd on right)
539.4	31.8	0.9	T L	TRO Middle Creek Rd (Wissler Rd goes right)
539.5	31.9	0.1	B R	TRO Middle Creek Rd (Wissler Rd goes left)
540.5	32.9	1.0	TL + QR	TRO Middle Creek Rd (crossing Lincoln Rd)
542.2	34.6	1.7	R	Meadow Valley Rd (SS)
542.6	35.0	0.4	1st L	Cocalico Rd
543.2	35.6	0.6	T L	Rothsville Rd
543.3	35.7	0.1	Q R	Millway Rd
544.6	37.0	1.3	T L	Cocalico Creek Rd

Restaurants

Restaurants

Minimart

544.7	37.1	0.1	X	Oregon Pike (SS) (Caution: Fast traffic) Now on Lauber Rd	
544.8	37.2	0.1	TR + QL	Tobacco Rd (crossing Old Akron Rd)	
545.3	37.6	0.4	1st R	Pool Rd (SS)	
545.9	38.3	0.7	1st L	Metzler Rd (SS)	
546.8	39.2	0.9	T R	N. Farmersville Rd	
548.3	40.7	1.4	X	E Farmersville Rd (SS) (now on S Farmersville Rd)	
549.0	41.4	0.7	1st L	Sheaffers School Rd	
549.2	41.5	0.2	Pass	Weavers Bike Shop on left (worth a quick look)	Bike Shop
549.5	41.9	0.4	T L	Saw Mill Rd	
550.0	42.4	0.5	T R	Fairmount Rd	
550.6	43.0	0.6	2nd L	Amishtown Rd (at 5-way intersection)	
551.2	43.6	0.6	TR + QL	TRO Amishtown Rd (crossing Voganville Rd)	
552.0	44.4	0.8	T R	Shirk Rd	
552.7	45.1	0.7	STOP	Controle Scheetz (TFL) at junction of Shirk Rd & Rt 23	Minimart
Controle 12 Sheetz (717) 355-2456 698 W Main St, New Holland, PA open: 06/27 09:07 close: 06/28 21:17					
552.7	0.0	0.0	Turn	Leave controle turning right out of driveway onto Rt 23	Restaurants off-course on Rt 23
553.1	0.4	0.4	1st L	Western Ave (TFL)	
553.3	0.6	0.2	T R	Conestoga St	
554.4	1.7	1.1	T L	Rail Road Ave	
554.6	1.8	0.1	1st R	Spruce St	
555.4	2.7	0.9	R	Weaverland Rd (note: follow Bike S for next several turns)	
557.4	4.7	2.0	T R	Rt 897 / Weaverland Valley Rd	
557.6	4.8	0.1	1st L	Weaverland Rd	
560.0	7.3	2.4	Straight	Joining Mill Rd (Weaverland Rd bears left)	
560.4	7.7	0.4	B L	TRO Mill Rd (at Brendle)	
561.1	8.4	0.7	T R	Churchtown Rd	
562.0	9.3	0.9	T R	TRO Churchtown Rd (at Hammertown Rd)	
562.3	9.6	0.3	T L	Rt 23	
566.5	13.8	4.3	L	Morgantown Rd (TFL) [Morgantown]	Hotel, MiniMarts, Restaurants, Fast Food

567.7	15.0	1.2	X	Metal Grate Bridge (Caution)
567.9	15.2	0.2	Pass	Morgan Way (on right)
568.0	15.3	0.2	1st R	Joanna Rd
568.9	16.2	0.9	T R	Elverson Rd
569.4	16.7	0.5	X	Twin Valley Rd (SS) TRO Elverson Rd
569.5	16.8	0.1	1st L	Hopewell Rd / Park Rd
571.9	19.2	2.4	R	Harmonyville Rd (just past "Entering Union Township")
573.4	20.6	1.5	Straight	TRO Harmonyville Rd / Rt 4018 (SS) (crossing Rt 345)
574.2	21.5	0.9	B R	TRO Harmonyville Rd / Rt 4018 (at Bethesda)
574.9	22.2	0.7	X / Caution	Metal Grate Bridge
576.0	23.3	1.1	B R	TRO Rt 4018 / Harmonyville Rd (at Bradleys Corner)
577.0	24.3	1.0	Straight	TRO Harmonyville Rd (SS) (at School Rd) [Harmonyville]
577.6	24.9	0.6	B R	Rt 4041/ Harmonyville Rd (at Jones)
580.2	27.5	2.6	T L	Laurelwood Rd / Rt 4041
581.0	28.3	0.8	B R	Neiman Rd (SS)
581.4	28.7	0.4	L	Hanover St
582.2	29.5	0.8	R	Cedarville Rd
583.7	31.0	1.6	L	Spiece Rd
584.6	31.9	0.8	T R	Old Schuylkill Rd
587.2	34.5	2.6	Merge	Rt 724 (just past SS at Bethel Church Rd) (TFL on left)
588.6	35.9	1.4	Stop	Controle WaWa on right at junction of Bridge St (TFL)
Controle 13 WaWa 3380 (610) 792-4335 Schuylkill Rd (Rt 724), Spring City, PA open: 06/27 11:12 close: 06/29 02:22				
588.7	0.0	0.1	Turn	Leave controle turning left on Bridge St at TFL (towards Spring City)
589.7	1.0	1.0	L	(unmarked) (TFL) TRO Bridge St (at Turkey Hill store)
589.9	1.2	0.2	X	Schuylkill River bridge (joining Main St)
590.1	1.4	0.2	R	2nd Ave [Spring City]
592.3	3.6	2.2	L	Rt 113 North / Dreibelbis Rd (SS)

Deli
Limited services
ahead

Minimart

Minimart

Restaurants 0.5
mile ahead off
course

593.2	4.5	1.0	X	Black Rock Rd TRO Rt 113 / Trappe Rd (several name changes ahead)	Restaurant
597.1	8.4	3.8	X	Rt 29 TRO Rt 113 / Bridge Rd [Rahns]	
599.4	10.7	2.3	BR + QBL	TRO Rt 113 (following main road at Cressman)	
602.6	13.9	3.2	Pass	Flashing yellow sign that spots tricky intersection ahead	Restaurant
602.7	14.0	0.2	***L	Salfordville Rd (just past Lederach store at Bay Pony)	
603.7	15.0	1.0	B L	TRO Salfordville Rd (at Groff Mill)	
605.1	16.4	1.4	X	Schwenksville Rd (now on Old Skippack Rd)	
607.2	18.5	2.1	B R	TRO Old Skippack Rd (at Burton Rd)	
607.7	19.0	0.5	X	Rt 63 (SS) Joining Rt 563 North (Caution fast traffic)	
608.4	19.7	0.7	L	TRO Rt 563 North / Ridge Rd (SS) (at Barndt Rd)	
616.2	27.5	7.8	X	Bethlehem Pike (TFL) TRO Rt 563 / Ridge Rd	Many services ahead
619.8	31.2	3.7	L	TRO Rt 563 and also joining Rt 313 / Dublin Pike (TFL)	
621.1	32.4	1.3	R	Rt 563 / Mountainview Dr (last little grunt)	
622.0	33.4	0.9	L	Sterner Mill Rd (look for Tohickon Campground sign)	
622.1	33.5	0.1	1st R	Richlandtown Rd	
622.7	34.0	0.6	STOP	Controle Hostel on right (just past Clymer Rd)	Post-ride buffet
Controle 14 Weisel Hostel (215) 536-8749 7347 Richlandtown Rd, Quakertown, PA open: 06/27 13:05 close: 06/29 07:00					